

# January Menus

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Breakfast</b>	1 No School	2 No School	3 No School	4 Cereal, whole wheat toast, fruit	5 Biscuit & gravy, sausage, fruit	6
7	8 Breakfast pizza, fruit	9 Sausage biscuit, fruit	10 French toast sticks, fruit	11 Cereal, whole wheat toast, fruit	12 Pancakes, fruit	13
14	15 No School	16 Cereal, whole wheat toast, fruit	17 Oatmeal, chocolate chip muffin, fruit	18 Cereal, whole wheat toast, fruit	19 Biscuit & gravy, sausage , fruit	20
21	22 Breakfast pizza, fruit	23 Sausage biscuit, fruit	24 French toast sticks, fruit	25 Bagel with cream cheese, fruit	26 Cereal, whole wheat toast, fruit	27
28	29 Sausage pancake on stick, fruit	30 Oatmeal, chocolate chip muffin, fruit	31 Cereal, whole wheat toast, fruit			
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Lunch</b>	1 No School	2 No School	3 No School	4 Bosco sticks, marinara sauce, steamed broccoli & cheese sauce fruit	5 BBQ rib on bun, baked beans, fruit, fruit roll up	6
7	8 Fajita Chicken wrap, carrots, fruit	9 Hamburger on bun, oven fries, fruit	10 Taco salad, refried beans, fruit	11 Spaghetti, roll, garden salad with ranch dressing, fruit	12 Chicken patty on bun, green beans, fruit	13
14	15 No School	16 Nachos with beef, green beans, fruit	17 Salisbury steak, roll, mashed potatoes, gravy, fruit	18 Chicken & noodles, roll, carrots, fruit	19 BBQ pork on bun, baked beans, fruit cookie	20
21	22 Chicken nuggets, bread, carrots, fruit	23 Soft taco, black beans, fruit	24 Pizza, green beans, fruit	25 Bosco sticks, marinara sauce, steamed broccoli & cheese sauce, fruit	26 Cheeseburger on bun, oven fries, fruit	27
28	29 Cheese Quesadilla, celery sticks with ranch dressing, fruit	30 Ranch chicken wrap, sweet potato fries, fruit	31 Meatloaf, mashed potatoes & gravy, roll, fruit			This institution is an equal opportunity provider.